



JOIN TODAY!

GREAT HERNANDO

Weight Loss

CHALLENGE

HERE IS HOW TO JOIN THE CHALLENGE:

- 1 Form a team and select a team captain.
- 2 Team Captain collects checks for \$10 from each member.
- 3 Team Captain mails the checks to the address below.
- 4 All members attend the Weigh-In Party.

WHY ▶ Only 31% of Hernando County adults are living at healthy weight. That means two out of three adults are either overweight or obese. Recent community health survey results reflect support for a county weight loss challenge.

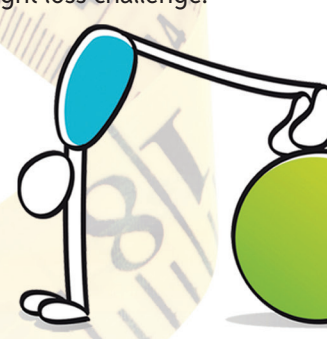
WHO ▶ Any organization, group, company or individual may join the fun.

WHAT ▶ Form teams of **10**, who agree to lose **10** pounds each over **10** weeks for only \$10.

WHEN ▶ **November 1 - January 13:** Organize Teams! Submit Team Form and entry fees.

Saturday, January 14, 2017: The Weigh-In Celebration will take place at The Quarry, where everyone gets their initial weight recorded. Lots of fun with healthy food and entertainment.
Brooksville Quarry, 800 John Gary Grubbs Blvd. Brooksville, FL 34601

▶ The Challenge ends on **Saturday, March 25, 2017**. The Awards Celebration Party will take place at Anderson Snow Park Pavilion on Saturday, April 8, 2017.



GREAT HERNANDO WEIGHT LOSS CHALLENGE

TEAM NAME: _____ BUSINESS/ORGANIZATION: _____ TEAM CAPTAIN: _____

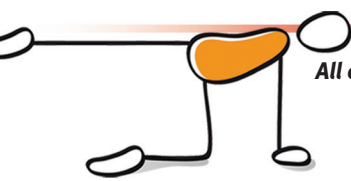
TEAM MEMBERS

PHONE

EMAIL

PAID \$10

1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____
5. _____	_____	_____	_____
6. _____	_____	_____	_____
7. _____	_____	_____	_____
8. _____	_____	_____	_____
9. _____	_____	_____	_____
10. _____	_____	_____	_____



All checks are to be made out to CHIPP, Inc. (Community Health Improvement Plan Partnership) for the Greater Hernando Weight Loss Challenge. Include GHWLC in the Note section of the check.
 Mail/drop off Team forms and checks to 4030 Commercial Way, Spring Hill, FL 34606

FOR QUESTIONS OR MORE DETAILS YOU MAY CALL:

Richard Linkul at 352-597-6383, Richard.Linkul@hcahealthcare.com or Ann-Gayl Ellis at 352-540-6817, Ann-Gayl.Ellis@flhealth.gov

Please consult your physician before starting any weight loss program. / If under 18, please obtain written permission and give to Team Captain for submittal.

ADMIN. USE ONLY

WEIGHT LOSS
TEAM #
