

# REGISTER TODAY

**DATE:** Saturday, February 28, 2015  
**TIME:** 8am  
**WHERE:** Downtown Brooksville, FL  
**WHO:** Everyone!  
**WHAT:** 5K and Kids Fun Run  
**HOW:** Register @ [www.brooksvillelibrary5k.com](http://www.brooksvillelibrary5k.com)  
**WHY:** To benefit Friends of the Library of Hernando County and YMCA of the Suncoast



# BROOKSVILLE LIBRARY

Thanks to our sponsors:



[www.brooksvillelibrary5k.com](http://www.brooksvillelibrary5k.com)

Facebook: Brooksvillelibrary5k

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## Not a Runner Yet?



Check out the **YMCA** 8-week program that will get you off the couch and to the finish line.

## SIGN UP ON-LINE TODAY!

[www.brooksvillelibrary5k.com](http://www.brooksvillelibrary5k.com)

The **Couch to 5k** training period is **January 2 to February 27**.

There is no charge to participate in the Couch to 5k program training however, participants must be registered in the Brooksville Library 5k Run.

The 8 week training will be facilitated by YMCA trainers in person and through social media.

All participants are strongly encouraged to check with their physician before beginning the training (January 2)

